

## ***Thank You to the Vajrakilaya Retreatants***

Venerable Gyatrul Rinpoche

November 4th, 2018

*Rinpoche saw some photos of the practice, and preparations for lower activity. He kept giving the thumbs up and saying how wonderful everything looked. When asked if he had any message for the retreatants, he said:*

I don't have any message! Just thank you!

Everyone practicing, thank you. Everyone learning, thank you.

Shouldn't just be Mexican people learning, though, or just young people. Every country's people, every center's people need to learn. Old people need to learn, too, although maybe they are stubborn, or too arrogant, or they think they already know.

Anyway, thank you for the practice, thank you for learning, thank you for making tormas and working, doing everything.

Actually if this old man's mouth says "Thank you" that doesn't benefit you at all. Your real benefit is the practice, gathering merit and purifying obscurations. But for me I say thank you, because I am so happy to see everyone practicing together.

What you don't know about the practice, you have Sangye and others, they can teach you. You can't say you don't have anyone to explain the meaning to you!

But it looks like you all do know the practice. Therefore, I'm not going to blah blah blah at you. You do know it, now just do it! Wonderful! Thank you!

Tashi Delek!

*-Gyatrul*