

Thank you and Encouragement

Venerable Gyatrul Rinpoche

February 22, 2016

Chotrul Duchen

Rinpoche heard news of the Losar and Chotrul Duchen practices happening at many of his centers and wished to say:

You got two new years – American New Year and Tibetan New Year. I am jealous!

You guys are practicing in a wonderful way. Thank you! You have amazing places in which to practice and occasions on which to gather! Helping each other, working together, and everybody participating – that's so good! Since you have that kind of thing, don't waste it, okay?

Don't waste your temple, don't waste your teacher, don't waste your sangha – we have all of that! Don't waste Ozer Goo Goo (the cat). We have Buddha's body, speech, mind, and life: Don't waste these, everybody.

I saw pictures of the new offerings on the shrine at Tashi Choling. They are so beautiful and rich! That really increases our merit, more than before. And I heard that before Losar, everybody came and cleaned nicely outside, inside, and everywhere. That is your gathering of merit and cleansing of obscurations! That is how you take advantage of this place and your human birth. Thank you very much.

I am here lying down with my bed and table, with these girls buzzing around. Everything is wonderful here – green grass, lots of flowers, lots of birds, and blue sky. I am hanging out, happy.

Tashi Delek!

-Gyatrul

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