The 100-Syllable Mantra of Vajrasattva

OM BENZAR SATO SA MA YA  MA NU PA LA YA  BENZAR SATO TE NO PA
TISHTHA DRI DHO ME BHA WA  SU TO KA YO ME BHA WA  SU PO KA YO ME BHA WA
ANU RAKTO ME BHA WA  SARWA SIDDHIM ME PRA YATSA  SARWA KARMA SU TSA ME
TSITTAM SHRE YAM KU RU HUNG  HA HA HA HA HO  BHA GA WAN SARWA
TA THA GA TA  BENZRA MA ME MUNTSAM  BENZRI BHA WA MA HA SA MA YA SATO
AH

OM is the supreme praise, the Vajrasattva samayas. Grant your protection, Vajrasattva. Remain firm in me. Make me totally satisfied. Increase the positive within me. Be loving towards me. Bestow all the accomplishments, as well as all the activities. Make my mind virtuous! HUNG is the heart essence seed syllable. HA HA HA HA symbolizes the Four Boundless, Four empowerments, Four Joys and the Four Kayas. HO is the sound of joyous laughter in them. Bhagawan, all the tathagatas, Vajrasattva, don't abandon me. I pray that I may become a Vajra Holder. Great samaya sattva! AH signifies uniting in nonduality.

In The Words of My Perfect Teacher, it states:

"Before any confession, arousing the bodhichitta of intention and application is indispensable. The Buddha taught that confessing your evil deeds and downfalls without arousing bodhichitta, even though you might apply the four powers, will reduce your faults but not purify them altogether. Sincerely giving rise to bodhichitta, however, will of itself purify all past misdeeds, whatever they might be."

And,

"If you stay undistracted and do not mix your recitation with ordinary speech, to say the hundred syllable mantra one hundred and eight times without interruption will undoubtedly purify all your evil actions and obscurations, and all violations and breaches of vows and samayas. Such is Vajrasattva's promise."