Vajrasattva Daily Practice

Extremely Concise Practice

revealed by
His Holiness Dudjom Rinpoche,
Jigdral Yeshe Dorje

VIMALA
Practice Text
This practice text has been prepared by the Vimala staff. We sincerely regret any mistakes we may have made in preparing it. We dedicate the merit of this publication to the health and long life of the spiritual teachers, to the propagation of the Dharma in the world, and to the happiness, well-being, and enlightenment of all beings.

_May complete auspiciousness prevail!_

This text was written by Jigdral Yeshe Dorje in New York in January 1980 for the practice of his students and originally translated by Tulku Pema Wangyal.

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Seven-Line Prayer to Guru Rinpoche

HUNG ORGYEN YUL GYI NUB JHANG TSAM
HUNG In the northwest country of Orgyen

PEDMA GÉSAR DONG PO LA
born in the pollen heart of the lotus,

YAMTSEN CHOG GI NGUDRUB NÉ
possessing astonishingly supreme spiritual attainments.

PEDMA JHUNG NÉ ZHÉ SU DRAG
you are well known as Pedma Jungney (the Lotus Born),

KOR DU KHANDRO MANG PÖ KOR
surrounded by a retinue of many dakinis,

KHYÉD KYI JÉ SU DAG DRUB KYI
following you, I practice.

CHIN GYI LAB CHIR SHEG SU SOL
Please come forth to bestow blessings.

GURU PEDMA SIDDHI HUNG
NAMO LAMA CHOG SUM YIDAM LHAR
Homage! In the Yidam deity, the teacher and the Three Supreme Ones

GÜ PE KYAB CHI KHA NYAM DRO
we take refuge with humility. For (the purpose of) beings as infinite as space

LA MED CHANG CHUB CHOG TOB CHIR
To attain the most exalted and supreme enlightenment

DORJE SEM PA GOM PAR GYI
We shall meditate on Vajrasattva. (Recite 3x)

AH TONG SAL NGANG LE DREN DZOG SU
AH From the state of clear emptiness, perfectly manifested instantaneously,

NE YUL DE CHEN PO DRANG Ü
In the center of sacred lands and places, in the palace of great bliss,

RANG NYID DORJE SEM PA KAR
Oneself is the white Vajrasattva,

ZHAL CHIG CHAG NYI DOR DRIL DZIN
With one face, two hands, holding vajra and bell,

NYE MA YUM DANG DE WAR JOR
In blissful union with consort Nyema,

~ 1 ~
LONG CHÖD DZOG KÜ CHA LUG CHEN
In the garb of the perfect enjoyment body,

PEDMA NYI DAI DEN TENG DU
Upon a throne of lotus, sun and moon,

KYIL TRUNG ÖD PUNG LAM MER ZHUG
Seated in the vajra-posture, a crystalline mass of light.

PUNG KHAM GYAL WA ZHI TRÖ LHA
The aggregates and elements are the victorious peaceful and wrathful deities

MA KYED YE DZOG DE WA CHE
Un-visualized and primordially perfect in great bliss,

DÖD NE DAM YE YER MED PAI
Meditational and wisdom deities are inseparable from the beginning.

TUG Ü DA TENG DORJEI TER
In the heart’s center on a moon is a vajra,

HUNG TAR NGAG KYI KOR WA LE
With the syllable HUNG encircled by the mantra,

ÖD TRÖ GYAL CHÖD DRO DRIB JANG
Emitting lights in offering to the buddhas, purifying the obscurations of beings.
NANG DRAG TOG PAI CHÖ NAM KÜN
All states of appearance, sound and thought,
DORJE SUM GYI ROL PAR TA
Are perceived as the play of the three vajras.

Recite the hundred syllable mantra:

OM BENZAR SATO SAMAYA  MANU PALAYA
BENZAR SATO TENOPA  TITRA DRI DHO ME BHA WA
SU TO KAYO ME BHA WA  SU PO KAYO ME BHA WA
ANU RAKTO ME BHA WA  SARWA SIDDHI ME PRA YATTSA
SARWA KARMA SU TSA ME  TSITTAM SHREYAM KURU HUNG
HA HA HA HA HO  BHAGA WAN
SARWA TATAGATA  BENZAR MA ME MUN TSA
BENZRI BHAWA MAHA SAMYA  SATO AH

Then recite the six syllable mantra:
OM BENZAR SATO HUNG
LHA NANG MI MIG TONG CHEN YING
The un-conceptualized experience of the deity expands into the great emptiness.

TONG PAI RANG DANG LHA KUR SHAR
The self-radiance of emptiness arises as the form of the deity.

GAG MED YESHE GYU MAI KÜ
The unobstructed magical display of wisdom

KHA NYAM DRO WAI DÖN LA JUG
Will enter into actions to benefit beings infinite as space.

GE WA DI YI NYUR DU DAG
By the virtue of this practice, myself

DORJE SEMPA DRUB GYUR NE
Accomplishing swiftly the nature of Vajrasattva,

DRO WA CHIG KYANG MA LÜ PA
May all beings without exception

DE YI SA LA GÖD PAR SHOG
Be liberated to his level.

Thus dedicating the merit, express auspicious wishes. This was written by Jigdral Yeshe Dorje.